

PARENTAL CONTROL APPLICATIONS



When regulating applications on your child's computer, you often need a combination of tools. For example, you could use a parental control app that blocks social media during the school day but allows access to an internet browser. You can pair the parental control app with a browser extension that whitelists (allows access to) only the websites needed for school. Lots of tools can do one or the other, but relatively few do both. Here are a few of our recommendations:

OURPACT - \$6.99/MONTH

Allows parents to create rules that block distracting apps and websites while still allowing educational apps and web pages to populate. The only way to disable OurPact controls is through the parent's phone. This is the best option for parents who want to block distractions for kids who don't have the impulse control to respect the settings.

BLOCKSITE - \$3.99/MONTH

If all you need is a browser extension to block websites, BlockSite's whitelist for Google Chrome is a great option. The premium version enables password protection so that a child cannot access websites without parental permission.

FREEDOM - \$8.99/MONTH, \$36/YEAR, OR \$159 FOREVER

An option for teens, young adults, and anyone else who really wants support staying focused and breaking bad habits. This is best for people who have enough impulse control to use it the way it's intended. There are ways to make it more useful as a parental control, but it requires additional work.

